



Basic Fundamentals of Basketball—Dan Oates

Instructor

Dan Oates
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Coach Oates has been training / coaching basketball for nearly 15 years with proven success having helped over 50 players achieve their dream of playing at the collegiate level. The list of schools his players now attend as scholar/athletes include: Princeton, Harvard, LeHigh, Providence, Central Michigan, South Dakota State, Indiana, Purdue, and the list goes on! Aside from individual development training, Coach Oates has also coached teams that have been ranked as high as #1 in the nation (USSSA and NAYS), #4 in the nation (AAU), including a national championship (NAYS) and a national runner-up (USSSA).

Coach Oates has earned his AS and BS degrees in Business Mgmt / Administration from Indiana University, Executive Mgmt from the University of Notre Dame and an MBA from Bethel College.

Course Description

BASIC FUNDAMENTALS OF BASKETBALL
– This 8 week course is designed to provide participants the opportunity to gain an understanding of the fundamentals of both the game itself and the tools necessary to be most successful. The course will focus on ball handling, passing, shooting, court awareness and learning to speak the “basketball language”.

This course is created for students ages 6-18.

Virtual Links and Assignments

Links:

- www.michianahoops.com
- www.theindianathunder.com

Pre/Post Evaluation

Each student will be assessed on the first day with respect to their knowledge and abilities of the game. On the last day, students will be provided an assessment of their progress.

Course Details

Dates, Times & Locations: September 12—October 31, Mondays 5:30-6:30 pm.
 Niles Sports Warehouse
 1720 Terminal Road
 Niles, MI 49120

Week 1 (Sept 12) Introductions, syllabus re-view, course expectations, ball handling and court awareness	Week 10 No Class—Practice your skills on your own.
Week 2 Ball handling development and court awareness	Week 11 No Class—Practice your skills on your own.
Week 3 Ball handling, passing	Week 12 No Class—Practice your skills on your own.
Week 4 Ball handling, passing, the shooting form	Week 13 No Class—Practice your skills on your own.
Week 5 Quiz; Shooting	Week 14 No Class—Practice your skills on your own.
Week 6 Shooting; Rebounding; Screens	Week 15 No Class—Practice your skills on your own.
Week 7 Putting it all together – Ball handling, passing, shooting, rebounding, setting screens and court awareness	Week 16 No Class—Practice your skills on your own.
Week 8 Final review of lessons learned; Open scrimmage / games	Week 17 No Class—Practice your skills on your own.
Week 9 No Class—Practice your skills on your own.	Week 18 No Class—Practice your skills on your own.

Grading

Grades are determined in the following way:
 Instructor Input
 Students will be graded on a) attendance, and b) Mid term quiz

Attendance
 You are required to attend at least 80% of the dates and times your course meets.